



Crossroads

Program Details:

Programs available to Crossroads clients are constantly evolving as new problems emerge and we find more effective ways to deal with them. Our current offerings include:

- **Anger Management:** For children and adolescents and their families who struggle with aggressive or violent patterns of behavior.
- **Attachment Program:** A range of services to address attachment and bonding difficulties. Outpatient services include specialized assessments, individual, family and group counseling, case management, education and consultation. Family and Group Therapy also provides psychological education for adult caregivers to provide them with support, assistance with problem solving, diagnosis and treatment information, and strategies for dealing with attachment issues, including anger and stress management strategies and resources.
- **Trauma Play Therapy Groups:** Peer groups for developmentally matched children focused on how to understand and manage traumatic experiences and regain a sense of safety through therapeutic play.
- **Family Connections:** Families with attachment and bonding disruptions learn positive relationship skills by exploring issues of trust, boundaries, grief and trauma. This is a multi-family group for children and adolescents ages 3-18.
- **ADHD Assessment Program:** Specialized assessments for children and adolescents conducted by trained clinicians followed by consultation with a psychiatrist.
- **Love and Logic Parenting Group:** An educational group for adult caregivers with the focus on teaching effective parenting skills.
- **Incredible Years Parenting Group:** An educational group for adult caregivers of children ages 2-6 with the focus on teaching effective parenting skills.
- **Social Skills Program:** For children and adolescents who are not yet set in their aggressive patterns and struggle with social skills, Attention Deficit/Hyperactivity Disorder symptoms, oppositional behavior and aggression.
- **Transition Program:** We serve adolescents up to age 18, with exceptions based on life situation. Prior to the client's eighteenth birthday, we transition the young person into adult services.
- **Alcohol and Drug Addiction:** Crossroads is certified through the Ohio Department of Alcohol and Drug Addiction Services to provide outpatient services, which include assessment, individual and group counseling, and case management.
- **Alcohol and Drug Abuse Prevention:** Crossroads provides drug and alcohol abuse prevention services to students and educators in Lake County.
- **Prevent Childhood/Underage Drinking:** Crossroads takes part in two statewide programs to discourage adolescent alcohol use. The *Red Ribbon Campaign* targets students, and *Parents Who Host, Lose the Most* stresses the consequences for parents who supply alcohol to minors.
- **Olweus Bullying Prevention:** A school-based program to encourage a climate that does not accept bullying and works proactively to eliminate it.
- **Child Assault Prevention:** Two days of assault prevention training for children and their parents in Painesville schools, and parents with multiple risk factors in the community.
- **Extra Steps Program:** An eight-session support/education group for Lake County elementary school children.
- **Conflict Mediation Training:** Two days of training for students from K-12 designed to promote positive peer interactions, effective social skills and school bonding. Students are trained in active listening, conflict cycles and the language and procedure of basic mediations.
- **Groups in Schools:** Crossroads offers group sessions on anger management, effective social skills, and gender-specific programs for boys and girls to foster academic and social improvement as well as substance abuse prevention.
- **Life Skills:** Promotes effective social skills for students in K-8 along with tobacco and alcohol prevention.
- **Peer Prevention:** Crossroads assists schools and community groups with peer-driven drug- and alcohol-free groups such as Students Against Dangerous Decisions, Teen Institute, and Youth to Youth. We also assist Leadership Lake County Youth with a program for high risk sixth graders.
- **STAND Team:** Crossroads advises an anti-tobacco advocacy and a peer-prevention group.

- **Leadership Camps:** Crossroads works with the Geauga Educational Service Center, Lake Area Recovery Center, and Lake County Narcotics PLUS to provide two leadership camps, Challenges and Decisions for seventh graders, and the Golden Ticket to Life for eighth graders.
- **Lake-Gauga-Ashtabula Tobacco Prevention Coalition:** Crossroads is a partner in planning and implementation of tobacco compliance checks, education efforts concerning the new regulations on smoking, and working on tobacco policy.
- **Underage Drinking Initiatives:** Crossroads participates in underage drinking initiatives and efforts to change local ordinances regarding keg laws and clerk/server training.
- **CALMHS Committee:** Crossroads participates in the Community Alliance of Law Enforcement and Mental Health to provide training to police officers in the community and to promote a positive and informed working relationship between law enforcement and mental health.
- **Juvenile Court Intervention Program:** Provides behavioral health services for juveniles involved with the judicial system and experiencing mental health and/or substance-abuse issues.



Crossroads

**Making a Brighter, Happier
and Healthier World for Children**

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