



Crossroads

Making a Brighter, Happier and Healthier World for Children

Parenting Adolescents Wisely

Parenting Adolescents Wisely is an evidence-based parenting education program. It was developed to teach parents important skills and to help them learn how to responsibly manage the behaviors of their children aged 11-18.

Parenting Adolescents Wisely covers:

- Communication skills
- Problem solving skills
- Assertive discipline
- Monitoring and supervision
- Physical aggression
- Chores and homework compliance

Benefits of Parenting Adolescents Wisely:

- Teaches effective supervision
- Teaches communication skills
- Improves family problem solving
- Validates parent strengths
- Reduces parent-child conflicts

Call (440) 255-1700

8445 Munson Road, Mentor

www.crossroads-lake.org



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Our Mission

Crossroads promotes the health and well-being of children, adolescents and their families by providing the highest quality, efficiently delivered, behavioral health services that are accessible, comprehensive, and integrated within the community.

Our Vision

To be the leading provider, partner, and employer of choice, responding to community needs with integrated services that assure holistic health and well-being.

Our Purpose

Crossroads joins with families and youth to do what it takes to create better lives.