



# Crossroads



Art by Bobbi, age 14

**Making a Brighter,  
Happier and Healthier  
World for Children**





# Crossroads



Art by Alexia, age 11



Art by Bobbi, age 14

## What is *Crossroads*?

*Crossroads* is a non-profit community behavioral health care organization that has been serving the people of Lake County since 1971. From our headquarters in Mentor, and satellite sites in Painesville and Concord, *Crossroads* serves more than 19,000 children and families each year.

We offer a broad range of mental health and substance-abuse services for children and their families. Our staff of social workers, counselors, educators and psychiatrists offers individual treatment plans, education, and outreach programs in the schools and community. We work with children and families from pregnancy through adolescence.

Clients come first at *Crossroads*. We stress prevention, early intervention, and a team approach in targeting the root causes of health problems.

## *How we can help:*

Our trained professionals can provide clinic-based, home-based, and school-based services to help with the following issues:

- ♦ Infant mental health
- ♦ Alcohol and drug abuse
- ♦ Behavior disorders
- ♦ Depression and suicide prevention
- ♦ Adjusting to life changes
- ♦ Childhood Trauma
- ♦ Anger management
- ♦ Family violence
- ♦ Sexual, physical, or emotional abuse or neglect
- ♦ Sexual offending
- ♦ Attention-Deficit and Hyperactivity Disorders
- ♦ Attachment and bonding issues
- ♦ Bullying and peer violence
- ♦ Parenting
- ♦ Educating severely emotionally disturbed children
- ♦ Teen pregnancy
- ♦ Juvenile delinquency
- ♦ Mental health crisis support

## *Services available:*

Our staff can provide the following services:

- ♦ Behavioral Health Assessments
- ♦ Assessments of Chemical Dependency, Violence, Risk, Attention Deficit, Hyperactivity, etc.
- ♦ Psychotherapy
- ♦ Community Psychiatric Supportive Treatment
- ♦ Mental Health Prevention Programs
- ♦ Alcohol and Drug Prevention Programs
- ♦ Alcohol and Drug Addiction Outpatient Treatment
- ♦ Pharmacological Management
- ♦ Education Combined with Therapy–Partial Hospitalization
- ♦ Individualized Wraparound Services
- ♦ Therapeutic Foster Care and Respite
- ♦ Early Childhood Programs/Early Head Start



Art by Andy, age 10

### *Our treatment philosophy:*

Our staff takes a strengths-based, multi-disciplinary, team approach to treatment. *Crossroads* service teams include:

**Intake Program:** First contact with clients, including problem assessment and emergency access to services

**Early Childhood Services:** From pre-natal to age five, including the Early Head Start program for pregnant women, infants and toddlers

**Outpatient Services:** Group and individual counseling for drug, alcohol and mental health treatment

**School-based Services:** Working with students and school staff on suicide prevention, anti-bullying, anti-drug, anti-alcohol, anti-tobacco, and other outreach services

**Partial Hospitalization Program:** A therapeutic day school for emotionally disturbed youngsters aged 6-17

**Community Based Court Liaison Services:** Working with youths who have been referred from the Lake County Juvenile Court

**Consultation, Training, and Education:** Providing expert behavioral health assistance to the community

**Psychiatric Services:** Medication assessment and medication management



Art by Jasmine, age 9

### *Programs:*

The lineup of programs available to *Crossroads* clients is constantly evolving as new problems emerge and we find more effective ways to deal with them.

Our current offerings include:

- ♦ Choices
- ♦ Waging Peace
- ♦ Family Connections
- ♦ Love and Logic Parenting Group
- ♦ Incredible Years Parenting Group
- ♦ Dinosaur School
- ♦ Attention-Deficit/Hyperactivity Disorder Program
- ♦ Social Skills Program
- ♦ Transition Program
- ♦ Alcohol and Drug Addiction Therapy
- ♦ Alcohol and Drug Abuse Prevention
- ♦ Childhood/Underage Drinking Prevention
- ♦ Olweus Bullying Prevention
- ♦ Child Assault Prevention
- ♦ Extra Steps Program
- ♦ Conflict Mediation Training
- ♦ Group Counseling in Schools
- ♦ Life Skills Training
- ♦ Peer Prevention
- ♦ Stand Anti-Tobacco Advocacy Team
- ♦ Leadership Camps
- ♦ Lake-Geauga-Ashtabula Tobacco Prevention Coalition
- ♦ Underage Drinking Initiatives
- ♦ Community Alliance of Law Enforcement and Mental Health Services (CALMHS)
- ♦ Juveniles at Risk for Recidivism
- ♦ Parent Time Out Respite Program
- ♦ Therapeutic Interagency Pre-School (TIP)
- ♦ Behavioral Solutions for Young Children
- ♦ Parent Guidance Program
- ♦ Truancy Mediation
- ♦ Safe Family Access Program



# Crossroads

## *What we believe.*

*Crossroads* believes in making behavioral health care services accessible to children and their families. Parents and caregivers must be involved in the treatment of their children for it to be successful. We strive to make all of our programs client-centered, high-quality, effective, efficient and based on positive outcomes.

## *What does it cost?*

All services are provided on a sliding fee scale and no client will be refused treatment because of inability to pay. Health insurance may cover some services, and income eligibility applies to certain programs. Medicaid will cover most services for families that are eligible.

## *How are we funded?*

Services at *Crossroads* are made possible in large part through funding provided by the Lake County ADAMHS (Alcohol, Drug Addiction and Mental Health Services) Board. Established by the State of Ohio, the ADAMHS Board is responsible for planning, funding, and evaluating Lake County's mental health and recovery services. More information on the services provided through the ADAMHS Board and its network of local providers is available on-line at [www.HelpThatWorks.us](http://www.HelpThatWorks.us).

Specific programs may be funded by local, state or federal grants, service contracts, or other sources.

## *How to Get Help:*

Getting help is as easy as calling *Crossroads* at (440) 255-1700.  
Hours: 9 am - 9 pm Mon - Thurs;  
9 am - 5 pm Fri; Sat - appointment only.  
Emergency mental health services are available 24 hours a day, 7 days a week by calling the Lake County Crisis Hotline: (440) 953-8255

### *Crossroads*

8445 Munson Road, Mentor, Ohio 44060  
(440) 255-1700

Para información en Español llame:  
(440) 205-2444

[www.crossroads-lake.org](http://www.crossroads-lake.org)



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