

Crossroads Lake County Adolescent Counseling Service

Early Head Start

2009-2010 Annual Program Report

	<u>Sep 09–Aug 10</u>	<u>Budget</u>
Income:		
Federal Grant	\$ 709,061	\$ 709,061
ARRA Grant	\$ 44,053	\$ 44,053
Other	<u>\$ 15,519</u>	<u>\$</u>
Total Income	\$ 768,633	\$ 753,114
Expense:		
Personnel	\$ 424,723	\$ 400,188
Fringe	\$ 76,917	\$ 84,152
Contractual	\$ 20,008	\$ 22,993
Supplies	\$ 29,572	\$ 32,715
Facility	\$ 82,045	\$ 89,857
Travel/Seminars	\$ 32,549	\$ 23,298
Equipment	\$ 17,141	\$ 15,274
Other	<u>\$ 85,678</u>	<u>\$ 84,637</u>
Total Expense	\$ 768,633	\$ 753,114

Crossroads Early Head Start addresses the unique needs of eligible children in our community through the provision of comprehensive and culturally sensitive services. Our program is made possible by a yearly grant provided by the Department of Health and Human Services, funds through the American Recovery and Reinvestment Act of 2009 (ARRA), and outside contributions.

Early Head Start families and volunteers generated \$198,942 of the non-federal match to federal grant dollars through generous volunteer time and donations. This represents 106% of the annually required amount.



Crossroads Early Head Start 2009-2010 Program Information

- An estimated 26% of children under the age of 6 in Ohio reside in households with incomes below the Federal Poverty Level. The population estimate for this age range is approximately 867,143. This translates to approximately 22,546 children under the age of 6 are living in poverty in our state. In our Early Head Start program we serve 60 children, 90% of whom fall below 100% of the poverty level.
- Crossroads Early Head Start's federally funded enrollment allows our program to provide services for 60 children ages 0-3 (program slots may also be utilized for pregnant mothers). Our average monthly enrollment was 60. During 2010, 473 children birth to three years received services in Lake County for a suspected or identified developmental delay. Crossroads Early Head Start is mandated through our grant requirements to fill a minimum of 10% of our program slots with children that have suspected or identified developmental delay. During this program year, 20% of enrolled children met this criteria.
- EHS provided services to 98 different recipients. Of these individuals, 93 were children ages 0-3 and 5 were pregnant mothers.

Crossroads Early Head Start Infants and Toddlers Received the Following:

- 85 children (97%) received medical exams
- 82 children (93%) received dental exams
- 79 children (90%) were up-to-date on all immunizations

Services/Number of families provided those services:

- Emergency/crisis intervention-36
- Housing assistance-22
- Mental health services-25
- English as a Second Language (ESL) training-19
- Adult education programs (such as GED)-13
- Job training-3
- Substance abuse prevention/treatment-4
- Child abuse/neglect services-17
- Domestic violence services-6
- Child support assistance-7
- Health education-74
- Assistance to families of incarcerated individuals-7
- Parenting education-74

Parents As Teachers Curriculum

- Parents as Teachers is a curriculum used in the Crossroads Early Head Start home visitation model that serves the evolving needs of families. PAT helps young children grow up healthy, safe and ready to learn. This curriculum model features relationship based, in-home visits with parents and children.
- When implementing the Parents as Teachers paradigm, educators partner with parents to do a better job of preparing children for a stronger start in life—for example, through early detection of developmental delays and health issues—and for greater success in school.
- Through advocacy and outreach, Parents as Teachers serves as a voice for early childhood development and emphasizes the critical role of parental involvement and early intervention in the childhood development and education continuum. Parents as Teachers raises awareness and helps parents to understand the importance of enhancing school readiness by reaching children during the critical, formative years of life.

Efforts to Prepare Children For Kindergarten

- In order for children to be prepared for school, they must be supported in all areas of development. Our program provides guidance and education for families so that they are aware of those needs in addition to providing support and strategies to assist children in meeting developmental goals.
- Crossroads Early Head Start provides a developmentally appropriate program based on accepted theories of child development. Our program is individualized by implementing goals based on the identified needs of the child and family. Each family's culture is respected and family members are encouraged to participate. In our program, children learn through active exploration of materials.
- Through the use of the Creative Curriculum for Infants and Toddlers, as well as the PIPES Curriculum and Parents As Teachers as a guide, our program helps children learn about themselves, their feelings, communication, problem solving, and fine and gross motor skills. To facilitate learning in all developmental domains we utilize strategies that provide an environment rich in activities, materials, and settings that foster learning and school readiness.
- The home environment is also a natural setting to encourage strong relationships between our home visitors, parents/caretakers, and children. Through careful planning and observation we are able to individualize our program to meet each child's unique needs.

Mental Health Initiative

- A mental health consultant provides an article four times per year in our family newsletter to address a variety of mental health topics that are applicable to young children. This consultant also attends family socializations on a quarterly basis to provide ongoing education for families. A combination of group and one-to-one consultation is utilized to address identified concerns.
- Crossroads Early Head Start is committed to ensuring that children's mental health is part of our holistic approach to services. Multiple mental health screenings and assessment tools are utilized while children are enrolled in our program. Licensed mental health specialists and consultants are involved in all aspects of EHS programming to ensure that best practice approaches and strategies are being consistently applied.

Family Involvement

- Crossroads Early Head Start staff work in partnership with parents to build mutual understanding and trust to help ensure the optimal development of enrolled children. Each year the program conducts a parent survey to provide input into program plans for activities, speakers, and trainings. The program offers many opportunities for parent involvement, including our EHS Policy Council and Parent Committee. Our monthly “Family Celebrations” focus on family cohesion with parents choosing a theme, planning, and leading activities.
- Each year we sponsor a “Celebrate Families” event to show our appreciation for the time and talents parents share with our program. We offer parent recognition and incentives for socialization attendance, quarterly incentives for the highest number of completed home visits, as well as recognition of families that meet their socialization goals. Parent involvement is a vital component that is one of the greatest strengths of our Early Head Start program.